

# What is God inviting me to?



## Applications open for 2023 Spiritual Exercises in Daily Life

**Nourishment**

**Discernment**

**Clarity**

**Freedom**

Looking to deepen your relationship with God and discern God's will in your life?

The full Spiritual Exercises of St Ignatius Loyola are a practical way of discovering God's unique love and desire for you in your daily life.

This one-on-one program involves daily prayer/reflections and weekly face-to-face or online conversations with an experienced Ignatian Spiritual Director - adapted to your individual needs as your journey unfolds.

Anyone is welcome to apply for the program - no prior experience necessary. It can be started anytime and will span across 30-35 consecutive weeks.

**PHONE 1300 392 636, or EMAIL [info@jisa.org.au](mailto:info@jisa.org.au)**



**Jesuit and  
Ignatian  
Spirituality  
Australia**

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Jesuit and Ignatian Spirituality Australia acknowledges that we walk upon the traditional lands of First Nations peoples. We pay our respects to them and recognise the continuing gift of their cultures to the life and spirit of Australia.